

Serving Douglas and Sarpy Counties Since 1965.

ENCAP continually assesses the needs of the communities it serves, and responds accordingly with services and programs and produce meaningful change. Currently, its major program areas include:

Financial Hardship Assistance: Provides emergency rent and utility assistance, public benefits application assistance, personalized goal planning, and connections to community resources. All services are client-led and designed to increase their social and economic well-being.

ENCAP works with people facing crisis based on the National Association of Social Workers Case Management Standards, the Strengths-Based Management model, and the Your Money, Your Goals Financial Empowerment Toolkit from the Consumer Financial Protection Bureau.

Senior Wellness: Offers evidence-based services to older adults 60+ to maximize their independence, increase their physical well-being, and reduce their social isolation and the risk of falls. Components include exercise classes; gardening, cooking and nutrition classes; social and educational outings; and the Generation Xchange (GenX) program. GenX, a partnership with the UCLA Department of Medicine, UNMC Center for Reducing Health Disparities, and Omaha Public Schools (OPS), trains and places older adult mentors in K-3 classrooms where they help students improve their math and reading skills and support classroom instruction. In doing so, the older adult mentors improve their health and social connections.

Food Support in Douglas County: Monthly delivery of commodity food boxes to seniors 60+ with little to no income (includes 1,000 home deliveries, and 150 onsite pick-ups). Through its partnership with Douglas County Community Response (DCCR) and member agencies ENCAP also provides door-to-door food delivery services to families living in zip codes with high rates of food insecurity and significant household poverty.

Bellevue Food Pantry: Provides emergency supplemental food support to households facing food insecurity in Sarpy County. Through meal-based distribution, the pantry supplies food items along with recipe suggestions so that households can prepare full meals with the items that they receive. We also offer food delivery service for those unable to reach the pantry due to transportation, mobility, or other barriers, as well as connections to emergency rent and utility assistance, case management, and community referrals. In FY22, of 10,000 individuals served, 16% were in military households (1 or more active-duty members or veterans present in the household).

Transportation: Provides rides to and from school to OPS students enrolled in ESL/ migrant programming or who are experiencing homelessness, to older adults enrolled in Senior Wellness programming, and to other peer nonprofits whose clients need transportation to and from their respective services/classes.

Eastern Nebraska Community Action Partnership

2406 Fowler Ave • Omaha, NE 68111 • 402-453-5656



@encapnebraska

encapnebraska.org



**Eastern
Nebraska
Community
Action**

ENCAP's Board of Directors

Based on the Community Action model of community empowerment, ENCAP's Board of Directors is composed of one-third representatives of the low-income community, one-third private sector representatives, and one-third elected officials or their designees representing our service area.

Board Members

- Aban Laa
- Azar Web III
- Chalis Bristol
*(Designee of Barbara Weitz,
UNL Regent)*
- Claudia Granillo
*(Designee of Senator Tony Vargas,
District 7)*
- Dawn Cornelius
- Jennifer Gaughan
- Jennifer Mayhew
- Jessica Krimmel
- Maranda Adams
- Mary Spurgeon,
OPPD Board of Directors
- Michael Sands
- Nick Townley, MD
- Susan Hester
*(Designee of Thomas Burns,
Bellevue City Council Member)*
- Tawaina Hunter
*(Designee of John Ewing,
Douglas County Treasurer)*
- Tom Weigent

ENCAP Leadership Team

- Aaron Bowen Executive Director
- Jill Connor Deputy Director
- Nicki Murphy Director of Research
& Evaluation
- Sarah Mixan Human Resources Mgr.
- Deanna Wagner Bellevue Food Pantry Mgr.
- Sarah Hacke Senior Accountant



**Eastern
Nebraska
Community
Action**

Annual Report 2022

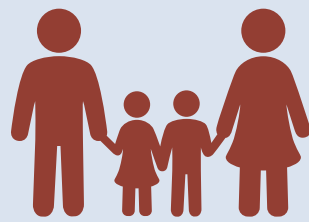


**ENCAP's mission is to reduce the power of poverty
in Eastern Nebraska through direct service
and results-driven partnerships.**

encapnebraska.org

Impact Numbers (FY22)

October 1, 2021 – September 30, 2022



108,735 services were provided to **20,316** individuals.



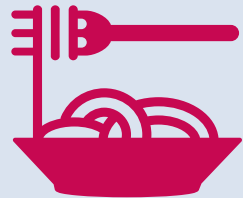
18,216 individuals received food assistance through the Bellevue Food Pantry.



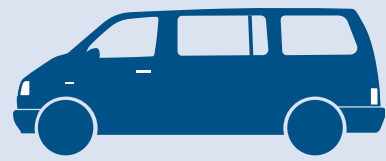
955 activities were provided to **28** low-income seniors through Senior Wellness.



5,200 meal kits were delivered to individual households experiencing food insecurity.



6,618 food boxes were distributed to **1,122** low-income seniors through the Commodity Supplemental Food Program (CSFP).



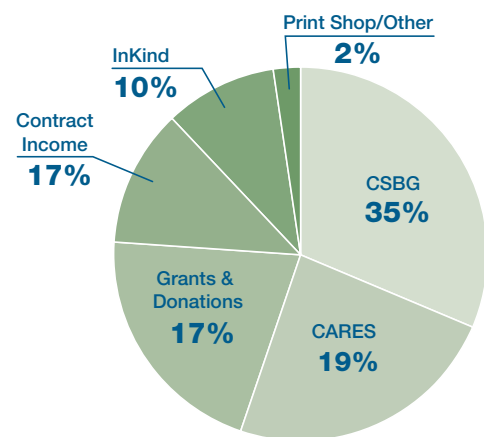
38,885 safe rides to school and aftercare programs were provided to approximately **207** ESL, migrant, and homeless students (pre-K to high school).



743 individuals avoided homelessness as a result of emergency rent or utility assistance.

Financials

Revenue



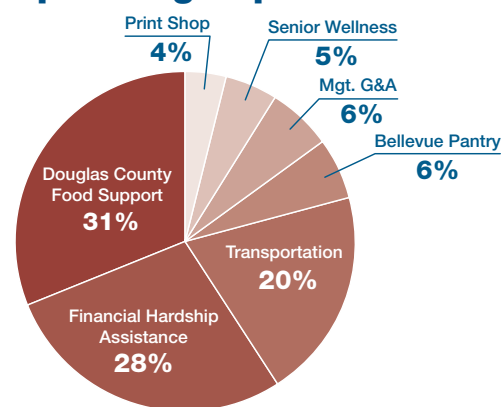
- CSBG is the Community Services Block Grant, federal funding designated for Community Action Agencies (CAAs) to combat poverty.
- In response to the COVID-19 pandemic, CAAs received an additional portion of funding via the CARES Act from 2020 – 2022. These funds expired on 9/30/22.
- Contract Income is income received from transportation and food delivery contracts.

Net Assets

12/31/2021 1,247,426
12/31/2022 1,258,064

- InKind represents food provided by the USDA through the CSFP to counter food insecurity.

Operating Expenses



Direct Client Assistance

\$150k+

- **Financial Hardship Assistance**—rent, utilities, transportation, medical debt assistance & case management
- **Douglas County Food Support**
- **Print Shop**—Small screen-printing shop that produces brand boosting apparel
- **Mgt G&A**—These represent expenses used to support the entire operation and impact each program, including program design and evaluation activities.

As the designated Community Action Agency for Douglas and Sarpy Counties, ENCAP receives federal anti-poverty funds via the Community Service Block Grant (CSBG). We leverage these funds to secure critical local and private support. This non-federal support is essential to building and developing innovative programming and sustaining the agency's most high-impact services.

Strong Partnerships Matter

ENCAP places great value on collaboration with its peer agencies and building partnerships that maximize resources and generate sustainable outcomes. Work across systems and shared innovation is required to address the many interacting factors that lead to economic instability, poor health outcomes, and other barriers keep individuals and families in poverty. Here are a few of our best examples of this partnership work in action:

- **UNMC:** In FY22, ENCAP funded a COVID-19 outreach position for the UNMC Center for Reducing Health Disparities (CRHD) to help ensure that North Omaha received the education and resources it needed to prevent the spread of COVID-19 and increase vaccination rates. More than 400 people received education about the COVID-19 virus, available vaccines, and health disparities by attending presentations, community engagement events, health fairs, and informational booths. This initiative helped increase the full vaccination rate in all five target zip codes an average increase of 23% from baseline, and UNMC has continued to support this position since ENCAP funding of the role ended when the agency's CARES Act funding expired.
- **DCCR Food Delivery:** ENCAP is an active member of Douglas County Community Response (DCCR), an initiative designed to coordinate services and efforts directed at parents and caregivers to prevent maltreatment before it occurs and promote protective factors for families. ENCAP's nutrition program provides food deliveries to families in target zip codes that have the highest rates of food insecurity and the lowest rates of vehicle access. In surveys administered to 38 participating families, 100% strongly agreed or agreed that ENCAP's delivery service helped them to worry less about running out of food and save money to put toward other expenses. 95% strongly agreed or agreed that the service helped the food they bought last longer, and 72% reported that without access to the delivery service, they would experience increased financial stress and worry that they would not have enough to eat.
- **Senior Wellness:** In recent years, ENCAP has become an innovative force in the community in service to seniors. The ENCAP Senior Wellness suite of programs includes engaging, evidence-based programming that improves physical health, increases health knowledge, and increases social and emotional support. ENCAP transportation services allow access to this programming for many seniors who would



otherwise be isolated from it. Innovations in programming include the Senior Ambassador program, which assigns older adult volunteers ages 60 and older, residing in Douglas County and enrolled in the ENCAP Senior Wellness program, as wellness ambassadors to share information with other seniors in the community, assist in program planning/implementation, and provide peer support services to help seniors remain engaged in the program and in their community. ENCAP's Senior Wellness program has partnered with Whispering Roots, Florence Community Center, and 75 North/Nobility Point to extend its evidence-based exercise and support activities.

- **Generation Xchange:** ENCAP has become only the 2nd site in the nation to implement the Generation Xchange (GenX) Program, a partnership with the UCLA Department of Medicine, UNMC Center for Reducing Health Disparities, and Omaha Public Schools. The mission of GenX is to promote greater health and wellness outcomes in at-risk older adults, while simultaneously supporting greater academic and behavioral outcomes for children in grades kindergarten through 3rd grade. Placing older community volunteers into K-3 classrooms, the GenX Program helps students improve reading and math skills and reduce behavioral referrals, while also helping older adults improve social, physical, and cognitive health. Lothrop Magnet Elementary is the first host site for the first GenX program, and ENCAP is currently seeking funding to support expansion of this program.

Thank You For Your Financial Support!

Collaboration is at the core of our work to reduce the power of poverty in the community. ENCAP is generously supported through the City of Bellevue's Community Development Block Grant program, USDA's Commodity Supplemental Food Program, Weitz Family Foundation, Omaha Community

Foundation, William and Ruth Scott Family Foundation, Walter and Suzanne Scott Foundation, The Lozier Foundation, Sherwood Foundation, Immanuel Vision Foundation, Bellevue Community Foundation, and private donations from individuals, churches, and community groups.